

Upper Endoscopy Preparation
Sripathi Kethu, M.D.

DATE OF PROCEDURE: _____

ARRIVAL TIME: _____ PROCEDURE TIME: _____

Patient's Name _____

Report To:

Methodist Richardson Medical Center
2831 E. President George Bush Hwy
Richardson, TX 75082. (Ph: 469-204-1000)
(Go through the double doors under the big blue cross)

Preston Crossing Endoscopy Center
3500 Preston Rd. Suite: 200
Plano, TX 75093 (Ph: 972-985-2300)

***** DO NOT TAKE ASPIRIN (Tylenol is okay), IRON PILLS OR BLOOD THINNERS (e.g., Plavix/clopidogrel, Coumadin/warfarin, Aggrenox, Effient, etc.) 5 DAYS PRIOR TO YOUR PROCEDURE unless instructed otherwise. If you are on Brilinta, Pradaxa, Xarelto, stop it 2 days prior ***. We will get cardiac clearance if necessary.**

DO NOT EAT AFTER THE MIDNIGHT THE NIGHT BEFORE THE PROCEDURE.

THE DAY OF THE PROCEDURE:

Someone you know must drive you home. (No Taxi or Bus unless accompanied by someone). Bring the list of medications that you take. You can take approved medications at 6:00 AM with few sips of water. You may continue to drink **clear liquids only** until 4 hours **before** the procedure.

Someone you know must drive you home. (No Taxi/Uber or Bus unless accompanied by someone). Bring the list of medications that you take. You can take approved medications at 6:00 AM with few sips of water. You may continue to drink **clear liquids only until 4 hours before** the procedure. Please leave the valuables at home or with the person accompanying you. The facility is not responsible for any valuables brought to the facility. You may expect to spend approximately 2-3 hours from the time you check in to the time you leave. After the procedure, you are advised not to return to work, not drink alcohol, operate any machinery or not sign any important documents, rest of the day.

For more information, visit www.sripathikethumd.com